



Program & Gear

Glacier guiding skills course - Skaftafell

Day 1

Meeting in Freysnes gas station - Skaftafell at 9am.

(https://maps.app.goo.gl/piuvxrq3KxR8pmYJ8?g_st=ic)

After initial meeting where we would discuss the description of the course and outcomes, a bit of glaciology and gear description, we will be heading to Svinafellsjokull glacier and cover:

- Knots and anchors (click [here](#) to practice all knots prior the course)
- Rappelling and ascending a rope
- Glacier terrain analysis and gaining confidence on crampons

Q/A

17:00 end of the day

Day 2

Meeting in Freysnes gas station at 9am.

Topics of the day

- Weather forecast and terminology
- Rappelling
- Ascending
- Guiding (taking the lead and guide each other on different terrain)
- Crevasse rescue introduction

17:00 end of the day

The course finishes with a short briefing all together by the glacier. Shortly after you will receive a document with all topics covered during the course as well as a bullet point crevasse rescue document.

GEAR LIST

In our form you can rent all gear, but if you own it or have access to it, this is what we require to bring:

Equipment needed *for **each participant** of the course:*

- **x6 locking carabiners**

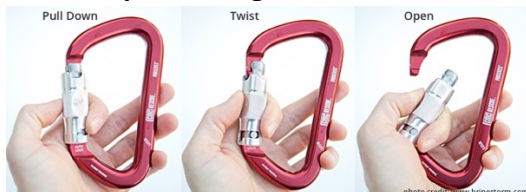
These below are locking carabiners (shape or brand doesn't matter)



- **x1 HMS carabiners (pear shape):**

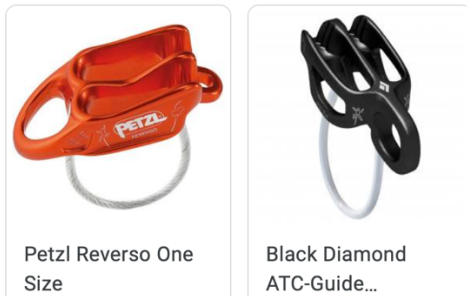


- **x1 triple locking carabiner:**



- **1x ATC guide (black diamond) or Reverso atc (Petzl)**

The brand doesn't matter; make sure it looks like these one with the metal loop behind the 2 holes. If unsure contact us.



- **x2 Sewn double length sling 120cm long** (recommended thickness is 10mm)



- **x2 Ice screws, minimum 16 cm long**



- **x2 2 meters long and 6 or 7mm thick diameter cordalette (prusik cord)**



Personal gear

- Full stiff or half stiff mountaineering boots (B2 or B3)
- harness (with gear loops)
- Helmet
- Crampons (preferably 12 points)
- Ice axe

Ropes will be provided from Nunatak, if you own one bring it.

Other stuff:

- **Clothing** - Has to be appropriate for full day on the glacier **(6-8hours)**. It is important to stay dry and warm on the glacier so you can focus on the course and learn (puffy jacket, gore-tex jacket and pants...).
- **Lunches** - We will not go inside for lunches, nor will we stop the course for a “picnic”. We “eat on the go”. Please prepare your lunches for each day. It is important to be well fed, so you can focus on the course.
- Bring a **Notebook** to write notes during each day. This will be very beneficial especially after the course to go over things and to keep things fresh.

Niccoló Segreto

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AIMG Instructor

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